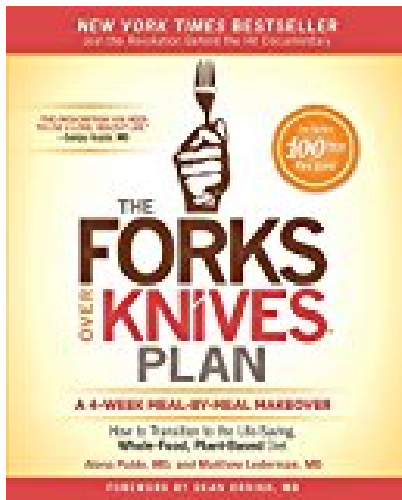


# The Forks Over Knives Plan How to Transition to the Life-Saving Whole-Food Plant-Based Diet

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## BOOK SYNOPSIS

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