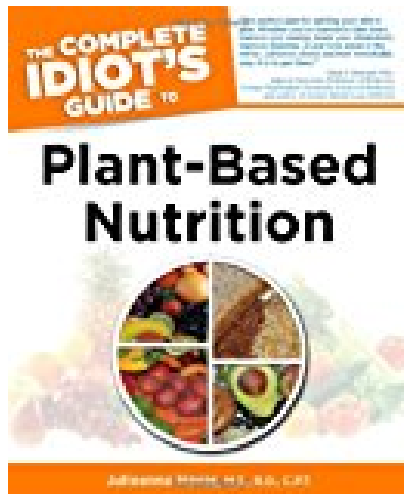


# The Complete Idiots Guide to Plant-Based Nutrition Idiots Guides

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